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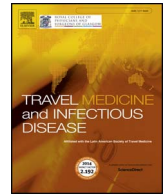
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## The role of ‘filth flies’ in the spread of antimicrobial resistance

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### ABSTRACT

**Background:** ‘Filth flies’ feed and develop in excrement and decaying matter and can transmit enteric pathogens to humans and animals, leading to colonization and infection. Considering these characteristics, ‘filth flies’ are potential vectors for the spread of antimicrobial resistance (AMR). This review defines the role of flies in the spread of AMR and identifies knowledge gaps.

**Methods:** The literature search (original articles, reviews indexed for PubMed) was restricted to the English language. References of identified studies were screened for additional sources.

**Results:** ‘Filth flies’ are colonized with antimicrobial-resistant bacteria of clinical relevance. This includes extended spectrum beta-lactamase-, carbapenemase-producing and colistin-resistant (*mcr-1* positive) bacteria. Resistant bacteria in flies often share the same genotypes with bacteria from humans and animals when their habitat overlap. The risk of transmission is most likely highest for enteric bacteria as they are shed in high concentration in excrements and are easily picked up by flies. ‘Filth flies’ can ‘bio-enhance’ the transmission of AMR as bacteria multiply in the digestive tract, mouthparts and regurgitation spots.

**Conclusion:** To better understand the medical importance of AMR in flies, quantitative risk assessment models should be refined and fed with additional data (e.g. vectorial capacity, colonization dose). This requires targeted ecological, epidemiological and *in vivo* experimental studies.

### 1. Introduction

“According to our best sanitarians”, Samuel Miller reported to the Massachusetts Association of Boards of Health in 1914 “flies breed disease” and concluded: “The fly is a curse.” [1]. So-called ‘filth flies’ have been linked to faecal-oral transmission of bacteria [2], fungi [3,4], parasites [5,6] and viruses [7,8] (Fig. 1). ‘Filth flies’ are defined as flies that use excrement and decaying matter for nutrition and oviposition [9]. All medically relevant ‘filth flies’ have some characteristics in common: they are coprophagic (feeding on animal manure and human faeces) or omnivorous, synanthropic (living in association with humans) and endophilic (preferring in-house dwelling) [10]. Of over 125,000 species belonging to the order Diptera (true flies) at least two main families of ‘filth flies’ are involved in the transmission of

medically important pathogens namely *Muscidae*, and *Calliphoridae* [5,11]. Moreover, these flies have a great potential to contribute to the dissemination of bacteria (e.g. enteric pathogens and commensal bacteria) due to their remarkable ability to move freely between different habitats and overcome long flight distances (5–7 km) [12–16]. Therefore, it is likely that they play a role in the spread of antimicrobial resistance (AMR) between animals and humans. Recent reports have shown that the fly gut provides a suitable environment for carriage of antimicrobial resistant bacteria and horizontal transfer of AMR genes [17,18].

Mathematical models are suitable tools to assess the risk bacterial transmission. The quantitative microbial risk assessment (QMRA) is frequently used in food production processes to evaluate food safety. The four stages of QMRA are hazard identification (e.g. population at

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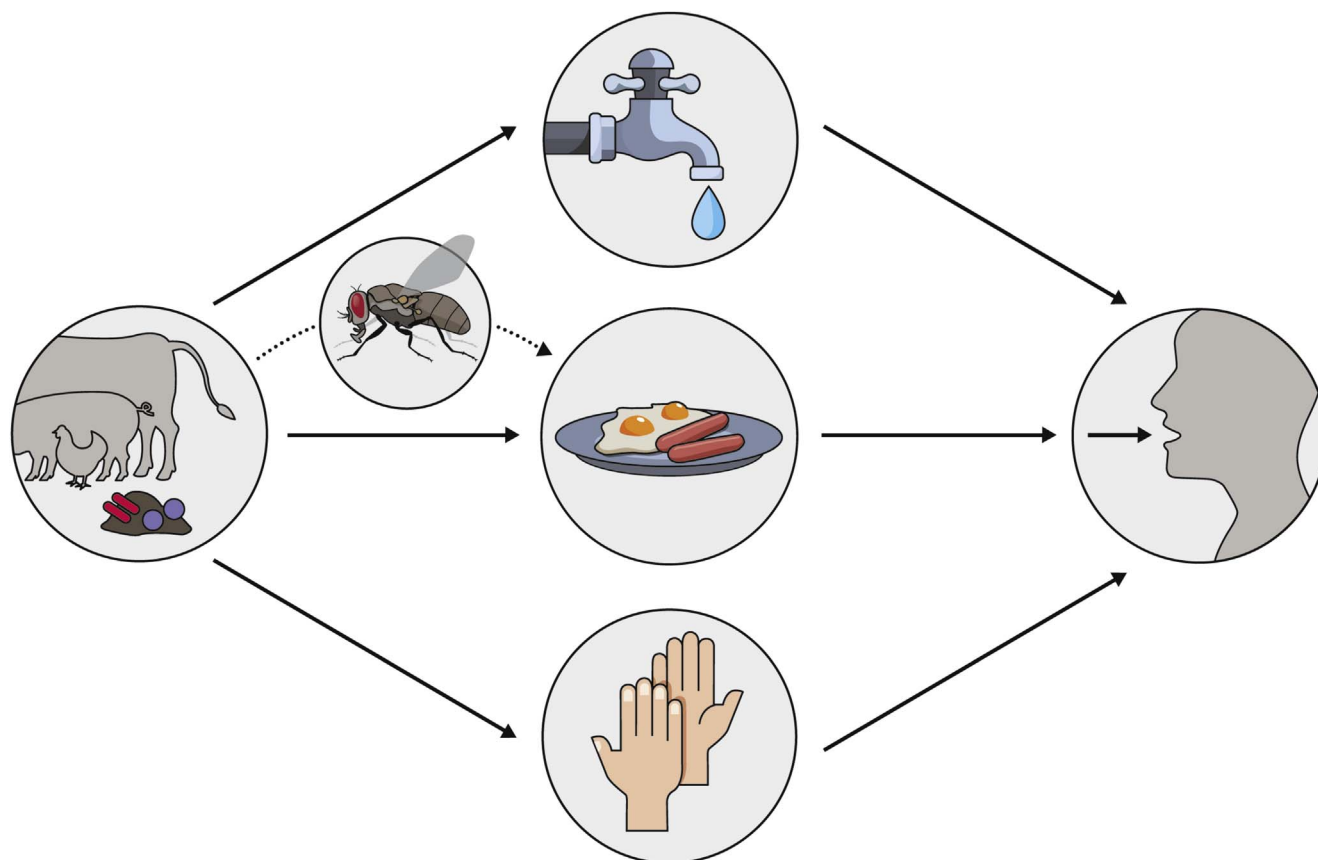
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**Abbreviations**

|         |  |      |  |
|---------|--|------|--|
| AMR     | antimicrobial resistance                           | ESBL | extended-spectrum beta-lactamase                   |
| CFU     | colony forming units                               | MLST | multilocus sequence typing                         |
| CRE     | carbapenem-resistant <i>Enterobacteriaceae</i>     | MRSA | methicillin-resistant <i>Staphylococcus aureus</i> |
| GCP-ICH | Good Clinical Practice-International Conference of | PFGE | pulsed field gel electrophoresis                   |
|         |  | QMRA | quantitative microbial risk assessment             |



**Fig. 1.** Pathways of faecal-oral transmission. Pathogens from faeces can be transmitted to humans or animals through drinking water, food or hands (smear infection). Flies can enhance the contamination of food, as no direct contact of food and faeces is necessary.

risk to acquire a certain pathogen), dose-response (e.g. exposure dose to health outcomes), exposure (i.e. pathways of microbes to reach the population) and risk characterization (i.e. probability of an health outcome after exposure) [19]. Such a QMRA has been developed for the transmission of resistant bacteria from poultry to humans through flies [20].

In their review, Zurek and Gosh already described the colonization of insects in general with antimicrobial resistant bacteria and suggested that flies play a role in the spread of antimicrobial resistant bacteria between livestock and urban areas [21]. In our review we built on this work by giving an updated epidemiological picture of AMR with a special focus on ‘filth flies’ and on emerging antimicrobial resistance phenotypes of clinical relevance (e.g. extended-spectrum beta-lactamase (ESBL)-producing *Enterobacteriaceae*, carbapenem- and colistin resistant Gram-negative bacteria, see Supplement and Table A1 for methods). We identified knowledge gaps and suggest topics for future research initiatives.

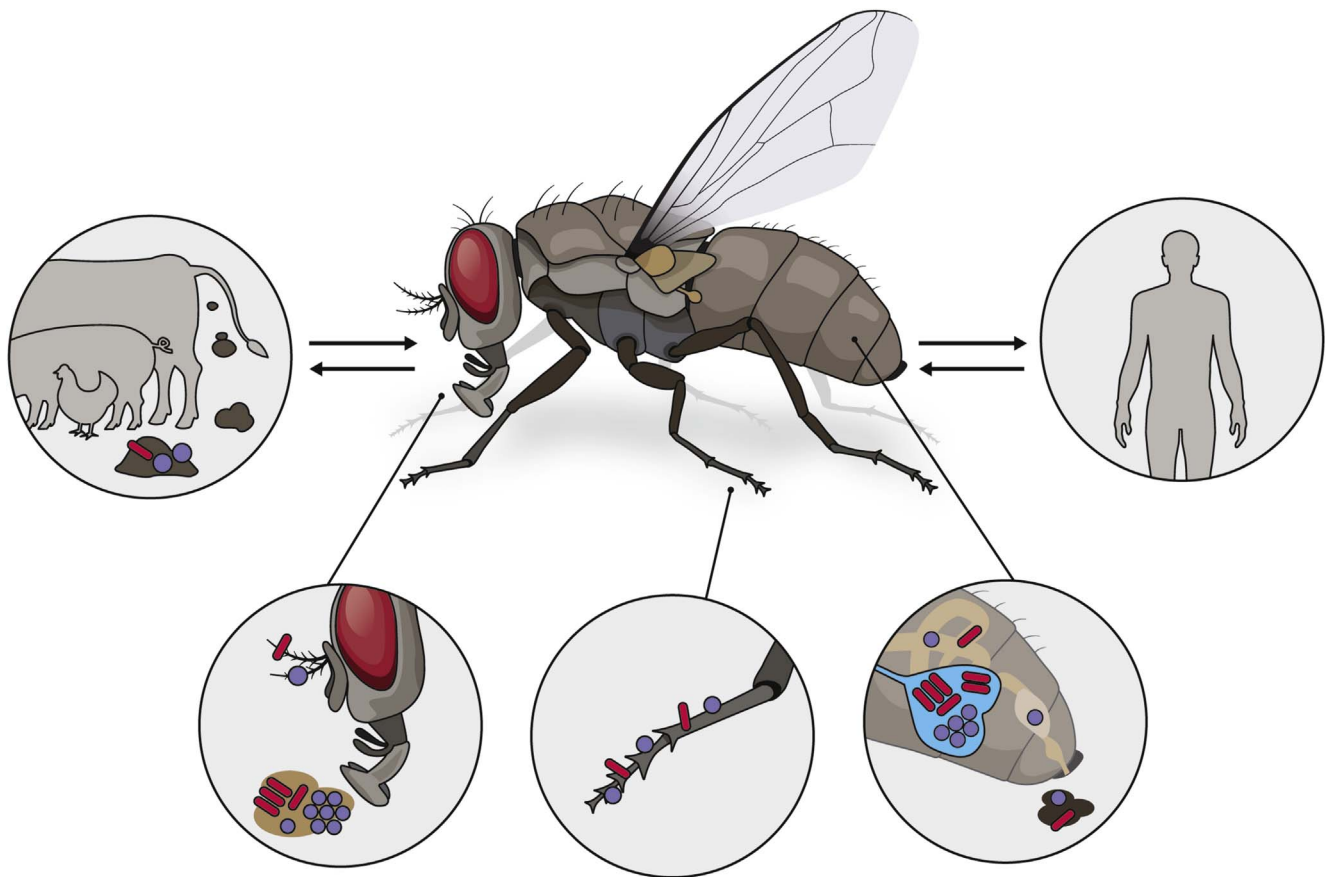
## 2. Occurrence and fate of medically relevant bacteria in ‘filth flies’

Flies can carry medically relevant bacteria on the surface of their exoskeleton (e.g. legs, mouthparts) and in the alimentary canal (Table A2). Consequently, bacterial transmission can occur through

regurgitation, defecation or translocation from the exoskeleton (Figs. 1 and 2) [2]. The ingestion of flies by insectivores could be an additional route of transmission [22]. Finally, degrading flies can contaminate the environment with antimicrobial-resistant bacteria. Numerous studies assessed bacterial colonization in pooled fly samples [12,23–25]. However, this approach is inappropriate to measure the actual prevalence in individual flies.

It is methodically simple to analyze the prevalence of bacteria on the body surface (washing off the microbiota from the exoskeleton) separately from the intestine (dissection of the alimentary canal after surface disinfection) [26]. The available studies applied different pathogen detection methods (e.g. PCR, culture, selective media, and broth enrichment). Therefore, the carrier rates should be compared cautiously.

According to a study analyzing individual flies (*Muscidae*, *Calliphoridae*) collected from urban restaurants in the USA, similar colonization rates were found in the intestine compared to the exoskeleton for *Salmonella enterica* (6 vs. 1%) and *Listeria monocytogenes* (3 vs. 1%) using a PCR-based system [27]. However, the majority of studies analyzed bacterial colonization of the body surface only. Very high rates were found for *Klebsiella* spp. (51.9%), *Escherichia coli* (32.1%) and *Pseudomonas aeruginosa* (26.9%) in flies collected from fresh-food markets, garbage piles, restaurants, school cafeterias and rice paddies in



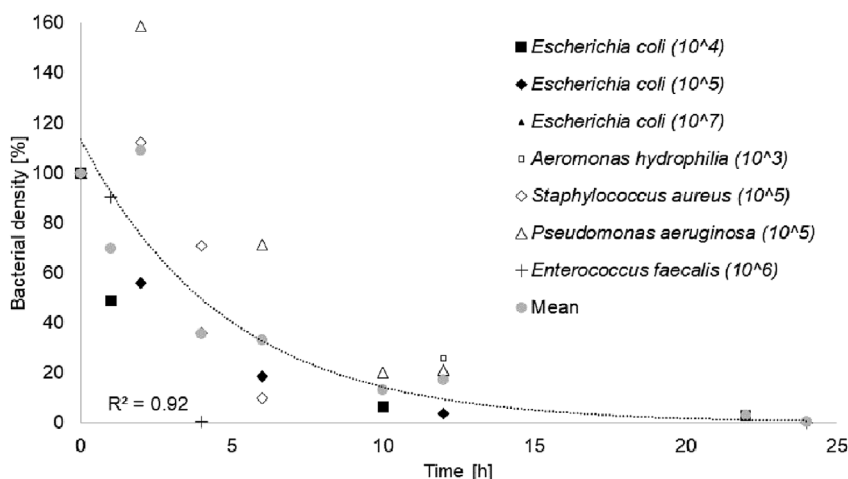
**Fig. 2.** Modes of bacterial transmission between humans and animals through ‘filth flies’. Flies can transmit antimicrobial-resistant bacteria through regurgitation, translocation from the exoskeleton and defeacation. Flies ingest fluids that can be contaminated with bacteria. These bacteria multiply in the crop (a diverticulum of the digestive tract in higher flies, in blue) and are subsequently transferred to the gut or are regurgitated leading to the concept of “bioenhance transmission” [37]. Since flies share their habitat with both animals and humans, transmission of antimicrobial resistance is therefore possible. (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

Thailand using non-selective solid culture media [28] (Table A2). Colonization rates of flies vary for enteric pathogens such as *Salmonella* (26.4%, Taiwanese swine farms, culture-based detection), *Campylobacter* (up to 25.5%, US broiler farm, PCR detection) or *Shigella* spp. (9.6%, rural Thailand, culture based detection) [23,28,29]. The microbiome of Diptera is dynamic and diverse; its composition depends on the species, life stage, sex and season [30,31].

Adult flies ingest bacteria through contaminated fluids. Bacteria are first stored in the fly's crop where they can multiply (Fig. 2) [32]. From here, bacteria are either regurgitated or transferred to the alimentary

canal (proventriculus, midgut, hindgut, and rectum). The midgut epithelium is lined with a peritrophic matrix, which protects the fly from microbes, but allows enzymes and antimicrobial peptides to enter the lumen [33]. Therefore, the alimentary canal of flies seems to be a hostile environment for the majority of bacterial species, resulting in an exponential decline (Fig. 3) [32–37]. The ability to slow down this decrease or even proliferate in the fly's gut (as shown for *Aeromonas caviae* and *Salmonella typhimurium*) seems to depend on the mobility of bacteria, the temperature, and the bacterial exposure dose [33,38,39].

In contrast to the alimentary canal, the fate of bacteria on



**Fig. 3.** Fate of bacteria in the alimentary tract of the adult *Musca domestica*. The graph shows the decline of bacterial concentration over 24 h in relation to the feeding concentration (0 h), which was set at 100%. The feeding concentration of the respective bacterial species is given in the legend. Data from experiments with *Escherichia coli* [34,35,37], *Aeromonas hydrophila* [100], *Staphylococcus aureus* [36], *Pseudomonas aeruginosa* [33] and *Enterococcus faecalis* [32] are included. The trend line was fitted to the mean of all experiments by use of an exponential function (Coefficient of determination  $R^2 = 0.92$ ).

**Table 1**  
Colonization of antimicrobial resistant bacteria of medical relevance in adult ‘fifth flies’.

| Bacterial species (n)        | Type of resistance    | Colonization rate in flies, % (n of isolates/n of flies) | Country         | Sampling period           | Site of colonization      | Setting   | Fly species (n)  | Reference |
|------------------------------|-----------------------|--|-----------------|---------------------------|---------------------------|---|--|-----------|
| <i>Escherichia coli</i>      | ESBL                  | 3.0% (37/1228) <sup>a</sup>                              | China           | April–September 2011      | Exoskeleton               | Airport   | <i>Chrysomya megacephala</i> (276), <i>Aldrichina grahami</i> (247), <i>Lucilia sericata</i> (211), <i>Boettcherisca peregrina</i> (107), <i>Muscina stabulans</i> (162), <i>Bercaea cruenta</i> (225) | [91]      |
|                              | ESBL                  | 14.3% (13/91)  | Japan           | August–October 2010       | Intestine                 | Cattle barn   | <i>Musca domestica</i> (91)  | [77]      |
|                              | ESBL                  | 3.3% (44/1346)   | Germany         | April–July 2015           | Intestine                 | Urban and rural areas   | <i>Musca domestica</i> (895), <i>Calliphora</i> sp. (447), others (4)  | [69]      |
|                              | ESBL                  | 0.0% (0/240) <sup>a</sup>                                | Czech Republic  | October 2006              | Homogenate                | Dairy cattle farm   | Synovine flies (240)   | [92]      |
|                              | ESBL                  | 17.2% (72/418)   | Zambia          | March–June 2015           | Exoskeleton               | Food markets  | Houseflies (418)   | [62]      |
|                              | ESBL                  | 6.2% (42/682)  | Spain           | May–November 2012         | Homogenate                | Broiler farms   | <i>Musca domestica</i> (615), <i>Ophyra</i> spp. (33), <i>Stomoxys calcitrans</i> (15), <i>Muscina stabulans</i> (7), <i>Fannia canicularis</i> (6), others (6)  | [75]      |
|                              | ESBL                  | 10.5% (2/19) <sup>b</sup>                                | The Netherlands | September–October 2011    | Homogenate                | Poultry farms   | <i>Musca domestica</i> (54), <i>Fannia canicularis</i> (20), <i>Stomoxys calcitrans</i> (6), <i>Lucilia</i> spp. (7)   | [93]      |
|                              | CRE <sup>c</sup>      | 25.8% (31/120)   | China           | November 2014–August 2015 | Homogenate                | Chicken farm  | Not specified (120)  | [22]      |
|                              | CRE <sup>d</sup>      | 25.0% (1/4)  | Germany         | January 2011–October 2012 | Homogenate                | Pig farms   | Not specified (4)  | [63]      |
|                              | Colistin <sup>e</sup> | 10.0% (12/120)   | China           | November 2014–August 2015 | Homogenate                | Chicken farm  | Not specified (120)  | [22]      |
|                              | Colistin <sup>e</sup> | 33.3% (1/3)  | Germany         | January 2011–October 2012 | Homogenate                | Pig farms   | Not specified (3)  | [68]      |
|                              | Colistin <sup>e</sup> | 5.4% (4/74)  | China           | July–August 2013          | Homogenate                | University campus   | <i>Musca domestica</i> and <i>Protophormia terranova</i> (74)  | [94]      |
| <i>Enterococcus faecium</i>  | VRE                   | 0.0% (0/262)   | USA             | Summer 2006               | Intestine and Exoskeleton | Poultry farms   | <i>Muscidiae</i> and <i>Calliphoridae</i> (262)  | [95]      |
| <i>Klebsiella pneumoniae</i> | ESBL <sup>a</sup>     | 5.3% (32/600)  | Iran            | Before 2016               | Intestine and Exoskeleton | Kitchens, cattle and chicken farms, animal and human hospitals, slaughterhouses | <i>Musca domestica</i> (600)   | [64]      |
|                              | CRE                   | 1.8% (11/600)  | Iran            | Before 2016               | Intestine and Exoskeleton | Kitchens, cattle and chicken farms, animal and human hospitals, slaughterhouses | <i>Musca domestica</i> (600)   | [64]      |
| <i>Salmonella enterica</i>   | ESBL                  | 0.0% (0/220) <sup>a</sup>                                | Taiwan          | 2005                      | Exoskeleton               | Swine farms   | <i>Musca domestica</i> (220)   | [29]      |
| <i>Staphylococcus aureus</i> | MRSA                  | 0.1% (1/1346)  | Germany         | April–July 2015           | Intestine                 | Urban and rural areas   | <i>Musca domestica</i> (895), <i>Calliphora</i> sp. (447), others (4)  | [69]      |
|                              | MRSA                  | 0.2% (1/600)   | Morocco         | March–October 2006        | Exoskeleton               | Residential areas   | <i>Musca domestica</i> (600)   | [70]      |
|                              | MRSA                  | 1.3% (2/150)   | Libya           | Before 2005               | Intestine and Exoskeleton | Urban areas including hospital, abattoir  | <i>Musca domestica</i> (150)   | [71]      |

Note: CRE, carbapenem-resistant *Enterobacteriaceae*; ESBL, extended spectrum beta-lactamases producing *Enterobacteriaceae*; MRSA, methicillin-resistant *Staphylococcus aureus*.

<sup>a</sup> Deduced from resistance to third generation cephalosporins.

<sup>b</sup> Pooled fly samples.

<sup>c</sup> bla<sub>TEM</sub>.

<sup>d</sup> bla<sub>NDM</sub>.

<sup>e</sup> mcr-1.



mouthparts (e.g. labellum, proboscis) was less studied. Two studies suggest a rapid decline in bacterial concentration (*Campylobacter jejuni*, *Enterococcus faecalis*) on mouthparts from 100% of the feeding concentration to < 1% within 2 h [32,38]. Other studies also report this initial decline but showed significantly increased bacterial counts 2–6 days after feeding a defined concentration of *E. faecalis* ( $3.1 \times 10^6$ ) [32] or *E. coli* (different feeding sources were used, e.g. cow manure with  $10^7$  cells/ml) [40]. This increase is most likely explained by bacterial proliferation in the crop and subsequent regurgitation, so that bacteria could be recovered from mouthparts (Fig. 2) [32]. The amount and frequency of regurgitation is influenced by a variety of factors, including species [41], fly density and host presence [42], temperature and relative humidity [43], or reproductive status [44].

Flies primarily transmit bacteria through mouthparts and regurgitation and less likely through defeacation. In addition, bacteria continue multiplying in mouthparts and regurgitation spots as shown for *E. coli* O157:H7 [37,40]. Taken together, the fly is not only a mechanical vector that transmits bacteria by translocation from the exoskeleton. “Bio-enhanced transmission”, a term initially coined by Kobayashi et al. for *E. coli* O157:H7 [37], best describes the fate of bacteria in flies.

Bacterial contamination of the larval substrate appears to play a role where female flies choose to lay their eggs [45]. Bacteria are essential to the development of house flies [46,47], and stable flies [48,49] (both *Muscidae*). Bacteria remaining in the larval alimentary tract at the time of pupation can proliferate during metamorphosis but are mostly evacuated in the puparium during adult emergence [50,51]. Newly emerged adult flies tend to harbour a surprisingly low amount of bacteria, but puparia contain large amounts and can serve as reservoirs to maintain local contamination (e.g. of a farm) [51].

Nevertheless, how effectively do flies transmit bacteria? This question refers to ‘vector competence’ (i.e. ability to transmit an infectious agent), a term that is commonly used in mosquitoes. There is good evidence that flies can effectively contaminate food products, animals and the environment. After ingesting a defined concentration of bacteria, flies were exposed to several items from where the bacteria were recovered later on. This has been shown for *E. coli* O157:H7 on spinach leaves and calves [40,52,53], *E. faecalis* on hamburger beef patties [54], *Aeromonas caviae* on chicken meat [55] or *C. jejuni* from chickens [56]. There is only one historic study conducted by Greenberg [57], which assessed the vector competence of house flies to transmit *S. typhimurium* to humans. After flies were fed with *S. typhimurium* and subsequently allowed to contaminate food, *S. typhimurium* was isolated in due course from faeces of 6/10 volunteers, who had eaten the contaminated food. However, none of the volunteers developed symptoms of disease, presumably due to the low inoculum in the house fly feed.

The sole presence of bacteria on food items does not imply transmission or predict subsequent infection in humans or animals. To assess the vector potential of flies more accurately, the transmission of “colony forming units” (CFU) has been quantified under controlled experimental set-ups. Depending on the number of flies,  $3.1 \times 10^3$  (5 *M. domestica*) –  $2.8 \times 10^4$  (40 *M. domestica*) CFUs of *E. faecalis* were transmitted within 30 min to 1 g of beef patty [54]. In this study, flies were field collected and were not exposed to a defined bacterial concentration [54]. Similarly,  $10^{2.6}$ – $10^{3.5}$  CFU of *E. coli* per fly landing were transmitted by *M. domestica* to a sterile surface after exposing the flies to  $10^8$  CFU/g of either sugar-milk, steak or potato salad for 30 min [58]. A field study from Bangladesh revealed that an average of  $> 0.6 \times 10^3$  CFU of *E. coli* were transmitted to rice per fly landing [59]. *Clostridium difficile* spores were less effectively transmitted by *M. domestica* to cycloserine cefoxitin fructose agar (sodium taurocholate supplement): after exposure to  $10^5$  *C. difficile* spores for 6 min, 288 CFU were transmitted 1 h later [60].

In conclusion, flies can transmit bacteria to food products, animals and the environment, most likely through mouthparts and regurgitation. It appears plausible that this is also true for antimicrobial-resistant

bacteria.

### 3. Antimicrobial resistance in flies

Numerous studies have shown that flies can carry antimicrobial resistant bacteria (Table 1). Among the AMR phenotypes of clinical interest, ESBL-producing *Enterobacteriaceae* are an increasing public health concern due to their spread in humans and animals [61]. ESBLs are plasmid-borne beta-lactamases conferring resistance to first, second and third generation cephalosporins and monobactams [61]. ESBL-producing *Enterobacteriaceae* have been reported on flies in Asia, Africa and Europe with colonization rates of up to 17% (Table 1) [62].

The occurrence of carbapenemase-producing *E. coli* and *K. pneumoniae* (e.g. NDM, VIM carbapenemases) in flies captured from livestock and farms in China, Germany, and Iran is most worrisome as treatment options for infections with carbapenem-resistant Gram-negative bacteria are limited (Table 1) [22,63,64]. Genes encoding for carbapenemases can be transmitted between bacteria through mobile genetic elements and flies can be a suitable environment for the exchange of resistance genes between different bacterial species [65].

Colistin is often the drug of choice for the treatment of infections caused by carbapenem-resistant *Enterobacteriaceae* in human medicine. However, colistin was used as a growth promotor in poultry production [22] and is nowadays widely used for management of gastroenteritis in pigs and cattle [66]. Chromosomal mutations leading to colistin resistance genes are known for a long time. In 2015, a study from China reported for the first time the occurrence of a gene (*mcr-1*) mediating colistin resistance, which is located on a transferable plasmid [67]. Colistin-resistant (*mcr-1* positive) *E. coli* have now been detected in flies from pig and poultry farms in China and Germany (Table 1) [22,68].

The colonization rates of flies with antimicrobial-resistant Gram-positive bacteria of clinical importance such as vancomycin-resistant *Enterococcus faecium* (VRE) and methicillin-resistant *Staphylococcus aureus* (MRSA) are low (0–1.3%), based on few studies from Africa and Europe (Table 1) [69–71].

In conclusion, the prevalence of AMR in flies is higher in Gram-negative (e.g. *E. coli* and *K. pneumoniae*) than in Gram-positive bacteria (e.g. *S. aureus* and *E. faecium*, Table 1). The risk of AMR transmission might therefore be highest for *Enterobacteriaceae*.

### 4. Transmission of bacteria and mobile genetic elements

Under optimal living conditions, flies do not tend to roam far. However, they can have a flight range of 5–7 km and therefore disperse bacteria between different regions [15,16]. This is of importance when assessing the spread of AMR through flies.

Many of the studies examining antimicrobial-resistant bacteria in flies have focused on the prevalence of bacterial pathogens and the associated types of phenotypic resistance or resistance genes. By inference, it can be predicted that flies act as vectors of AMR but studies examining either the direct spread of antimicrobial-resistant bacteria by flies or the transfer of resistance genes in flies are relatively uncommon. In some cases, bacterial typing techniques such as pulsed field gel electrophoresis (PFGE) or multilocus sequence typing (MLST) have been used to examine the distribution of bacterial genotypes in flies, humans, and livestock in different settings to provide evidence for transmission of bacteria. Such studies have been carried out in a variety of environments including chicken, pig and cattle farms, as well as hospitals and restaurants in urban areas providing information on which environmental settings support the spread of AMR by flies [2,29,69,71–79]. In one study, ESBL-producing *E. coli* was detected on flies on land areas surrounding broiler chicken farms [75]. Typing analysis of the isolates, resistance genes and plasmids demonstrated persistence of the same clones in the farm environment over several months suggesting that flies can carry antimicrobial-resistant bacteria within defined areas for long periods of time [75]. However, evidence

**Table 2**  
Methods to collect flies for bacteriological analyses in field studies.

| Method  | Investigated fly body parts | Description   | Advantage  | Concern  | Reference |
|---|-----------------------------|---|--|--|-----------|
| Aspirator (pooter)  | Intestine and exoskeleton   | A tube is placed over an insect which is drawn into a (sterile) collecting chamber by sucking.  | Individual fly collection, gentle treatment of flies                                 | Trapping method does not kill the fly, labor intensive, if individual flies are collected, because collecting jar and tubes have to be replaced after each fly collection.                         | [96]      |
| Gaze trap over a bait   | Intestine                   | Multiple flies are collected in one gaze trap and are killed in ethanol, which also sanitizes the exoskeleton.  | No contamination from other flies and the trap, simple, low effort                   | Ethanol might impair bacterial growth.   | [69,97]   |
| Individual sweep/aerial net   | Intestine and exoskeleton   | Flies are caught individually in sweep nets and can be individually analyzed. Nets are sterilized by 70% ethanol after use.                               | Simultaneous analysis of intestinal and exoskeleton colonization of individual flies | Surface disinfection might impair the culture of the intestinal flora, labor intensive.  | [26,85]   |
| Fly trap paper, fly tape  | Intestine and exoskeleton   | Flies stick to the surface of the paper and can be collected individually using sterile forceps.  | Individual analysis of flies, cheap, simple, low effort                              | The glue might impair the bacterial culture from the exoskeleton. Body parts (e.g. mouthparts, extremities) could become disconnected from the body when removing the fly from the sticky surface. | [24,29]   |
| Jug traps (i.e. Victor Fly Magnet®<br>Trap, pheromone-baited jug traps) | Intestine and exoskeleton   | The system consists of a reservoir for the attractant and a plastic cap that covers the reservoir. Flies enter the trap through slits in the plastic cap. | Cheap, simple, low effort  | The bait can contaminate the flies; only pooled samples can be analyzed.   | [95,98]   |
| QuikStrike® Abatement strip   | Intestine and exoskeleton   | Flies are attracted and killed with neonicotinoids. Dead flies can be collected individually or in pools.   | Cheap, simple, low effort  | The trap can contaminate the exoskeleton.  | [99]      |

for the direction of transmission of antimicrobial-resistant bacteria was not provided. Most likely, bacteria are transmitted from resident animals to flies since flies feed on animal faeces and antibiotic selective pressure is directly exerted on the faecal microbiota of treated animals. However, flies can potentially enhance dissemination of antimicrobial-resistant bacteria to other farms or human households in the vicinity, as well as through different production cycles within the same farm.

When von Salviati et al. examined the spread of ESBL/AmpC-producing bacteria in pig farms, PFGE analysis suggested that flies were vectors of these bacteria as identical PFGE types were identified in samples from flies, and pooled faeces from pigs [78]. This is consistent with a study from China where flies and farmers shared the same genotypes of colistin-resistant (*mcr-1*) and carbapenem-resistant (*bla<sub>NDM</sub>*) *E. coli* [22]. In addition, Ahmad et al. identified *Enterococcus* spp. containing the resistance genes *tetM* and *ermB* among samples from house flies, cockroaches and pig faeces on commercial swine farms [72]. The indistinguishable PFGE types suggested that flies were involved in transmitting antimicrobial-resistant bacteria between pigs and the environment [72]. In another study, Wang et al. isolated *S. enterica* resistant to multiple antibiotics that had identical PFGE types in flies and swine faeces suggesting flies could act as vectors for transmission [29]. A study on a cattle farm in Japan revealed that flies carried several different clones of ESBL-producing *E. coli* that were also found in cattle faeces, and suggested that plasmids harboring the *bla<sub>CTX-M-15</sub>* gene were potentially transferable [76]. Finally, hospitals in Africa can be infested with house flies carrying antimicrobial-resistant *Pseudomonas* spp., enterococci and staphylococci. In some cases, these bacteria display the same susceptibility profiles that were observed in clinical isolates from patients in the same hospital [71,73]. A relatively small number of studies have investigated the capacity of flies to act as biological vectors for the spread of AMR genes among bacteria occupying the fly gut niche. Although there is strong evidence for the mechanical transfer of antimicrobial-resistant bacteria by flies, there is a lack of substantial evidence supporting transfer of AMR genes in the midgut of flies. Wei et al. demonstrated that *Proteus mirabilis* (*bla<sub>TEM</sub>* and *aphA1*-positive) could persist in the digestive tract of flies for several days and compete favorably with antimicrobial-susceptible isolates [80]. This suggests two important points: the conditions in flies could theoretically support the potential horizontal transfer of AMR genes and antimicrobial-resistant bacteria can persistently (not only transiently) colonize flies. For instance, *bla<sub>CTX-M</sub>* can be transferred on conjugative plasmids from *E. coli* to other bacteria (e.g. *Achromobacter* and *Pseudomonas*) in the intestine of house flies providing direct evidence for the emergence of antimicrobial-resistant bacteria through horizontal transfer in the fly gut [17]. Similarly, the *tetM* gene on conjugative plasmid pCF10 can be transferred among *E. faecalis* strains [18] and Petridis et al. reported a transfer of plasmid-encoded chloramphenicol resistance genes and bacteriophage-encoded Shiga-toxin gene *stx1* in the midgut of house flies [81]. This horizontal gene transfer might not only happen under laboratory conditions but also occur in real-life settings. For instance, *E. coli* was collected from humans, flies, horses and surfaces in an equine clinic. Although the majority of the isolates belonged to different PFGE types, they shared identical plasmids, highlighting the relevance of horizontal gene transfer [82].

Of note, ‘filth fly’ larvae can also be involved in reducing the spread of AMR: the larvae can attenuate antimicrobial agents and reduce AMR genes during vermicomposting of manure [83,84].

Overall, these studies stress the potential of flies to act as vectors for the spread of resistant bacteria and for the transfer of AMR genes across bacterial species and hosts.

## 5. Sampling methods

Surveillance of AMR in flies necessitates regular field studies to assess the geographical spread and colonization rates of the antimicrobial-resistant pathogens of interest. The microbiological analysis

of individual flies should always be preferred over analyses of pooled flies as the latter necessarily overestimates the burden of AMR in flies [69]. GPS data of sampling points would be beneficial when reporting AMR colonization rates in flies. This will help to identify geographical patterns and key regions for potential interventions.

Numerous sampling methods are available and the selection depends on the objective of the study (Table 2). Major challenges are to avoid artificial contamination of the exoskeleton during sampling. One workaround is to sanitize individual flies in 70% ethanol or 0.26% sodium hypochlorite, which will disinfect the surface and not the intestinal microbiota [26,46,85].

## 6. Medical relevance of antimicrobial resistance in flies

‘Filth flies’ have since long been considered as playing a role in the spread and transmission of gastrointestinal pathogens, providing one possible link in the interface between faeces, or contaminated soil, and food (Fig. 1) [40,52]. Numerous studies reported colonization of house flies with enteropathogenic bacteria. Whilst it is plausible, there is only limited evidence that house flies transmit these bacteria, causing not only colonization but also disease in humans and animals.

Seasonal peaks of house fly infestation and cases of shigellosis have been described to coincide [86]. Indirect evidence (given that confounding and some methodical limitations cannot be ruled out) for a role of *M. domestica* as vector of *Shigella* spp., leading to a surge in shigellosis stems from a study in Bangladesh [13]. Modelling suggests that about 40% of cases might have been prevented by improved household fly infestation control. There is good evidence that control of flies is protective against shigellosis and campylobacteriosis in animals and humans [87–89].

Definite proof of bacterial transmission from contaminants via flies to people leading to documented disease and tying disease to a contamination chain is scarce mainly due to methodological and ethical challenges. Current evidence suggests that bacteria are transmitted from flies to humans and animals in sufficient doses to cause disease. Therefore, it is likely that this is also true for antimicrobial-resistant bacteria. However, the evidence for this assumption is weak and no transmission studies between flies and humans/animals have been performed under controlled conditions. Nevertheless, several studies from North Africa [71], sub-Saharan Africa [73], and India [14] demonstrated carriage, vector and transmission potential of (often)

antimicrobial-resistant bacteria (e.g. MRSA, ESBL-producing *Enterobacteriaceae*) by *M. domestica* in hospital settings.

The Mediterranean moth fly *Clogmia albipunctata* (Diptera: Psychodinae), generally not considered as ‘filth flies’ in the strict sense, has spread towards Northern Europe and can be a pest in healthcare facilities. In a study amongst four infested German hospitals [90], medically relevant bacteria (e.g. *Acinetobacter baumannii*, *E. coli*, *K. pneumoniae*, and *P. aeruginosa*) were isolated from the intestinal tract and exoskeleton of *C. albipunctata*; however, no link was established between carriage/infestation and human infection. Some studies revealed that antimicrobial-resistant bacteria from flies, animals and humans shared the same genetic background [14,22,29,69,72,78], suggesting transmission. Since the design of these studies was cross-sectional, the direction of transmission remains speculative and only possible transmission routes can be highlighted [22]. The only evidence to date is that isolates from flies, animals and humans have a common source, which most likely includes transmission events that could be facilitated by flies. Mathematical modelling suggests, that the exposure of humans to ESBL-producing *E. coli* is higher through flies than through chicken fillet [20]. This QMRA, that used a worst-case approach, is valuable to assess the public health relevance of flies and the spread of AMR. However, results should be taken with caution, as several parameters were not included in this model (e.g. “colonization dose”, lifespan of the vector, time between donor (poultry) and recipient (human), Table 3). Looking at the current evidence, we identified several knowledge gaps to finally answer the question to what extent flies contribute to the spread of antimicrobial resistance.

## 7. Conclusions

‘Filth flies’ carry antimicrobial resistant bacteria of clinical relevance particularly enteric bacteria, such as ESBL-producing *E. coli*. Laboratory studies suggest a “bio-enhanced” transmission since bacteria can multiply in the intestine, mouthparts and regurgitation spots. Several factors influence this transmission route (e.g. climate, fly density, geography, sanitary systems, food chain, vicinity of livestock farms and households). However, limited, data are available to determine whether flies can transmit antimicrobial-resistant bacteria, eventually leading to infections in animals and humans. Some studies have limitations, but those shortcomings are difficult to overcome (e.g. ethical issues of human or animal infection/colonization models). Assuming

**Table 3**  
Knowledge gaps and research agenda.

| Knowledge gaps                              | Research agenda  |
|---|--|
| Models of risk assessment                   | To extend or refine existing quantitative microbial risk assessment (QMRA) models for AMR transmission between livestock and humans by ‘filth flies’ [20].<br>To develop new models to define the vectorial capacity of ‘filth flies’ and to identify high-risk areas for AMR transmission by these vectors. |
| Definition of relevant ‘filth fly’ species  | To evaluate filth flies according to their risk for transmission of AMR. The knowledge about the most relevant ‘filth fly’ species is the basis for focused future research.   |
| Quantification of bacterial translocation   | To quantify the concentration (CFU/g) of clinically relevant antimicrobial-resistant bacteria in vomitus and faeces and to identify the factors that influence such concentrations.  |
| Colonization dose                           | To estimate the concentration of antimicrobial-resistant bacteria required to establish colonization in humans or animals.   |
| Fitness cost of resistant bacteria in flies | To compare the fate of antimicrobial-resistant and -susceptible bacteria in ‘filth flies’. If the fitness-cost of AMR is irrelevant, available data from susceptible bacteria could be used for modelling.   |
| Vector capacity                             | To measure the risk of transmission of AMR from flies to animals or humans under controlled conditions (ethical considerations and GCP-ICH guidelines apply).  |
| Epidemiology                                | To perform field studies for a detailed epidemiological picture of the geographical spread and prevalence of antimicrobial resistant bacteria in flies. This should also include fly species introduced for biological control (e.g. <i>Ophyra</i> spp./ <i>Hydrotea</i> spp. for manure management).        |
| Transmission                                | To apply high-resolution sequence-based approaches in order to understand to what extent flies contribute to the spread of AMR in humans and animals.  |
| Interventions                               | To identify and develop effective and feasible strategies for intervention (e.g. vector control, pest/manure/slurry management etc.) to contain the spread of AMR through flies.   |

Note: QMRA, quantitative microbial risk assessment; AMR, antimicrobial resistance; CFU, colony forming units; GCP-ICH, Good Clinical Practice-International Conference of Harmonization.



that antimicrobial-resistant bacteria are transmitted to humans and animals similarly to enteric pathogens, one can conclude that effective vector control might reduce the risk of transmission. To better understand the medical importance of AMR in flies, quantitative microbial risk assessment models should be further refined and fed with additional data (e.g. vectorial capacity of flies, colonization dose). This requires targeted ecological, epidemiological and *in vivo* experimental studies.

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## Conflicts of interest

The authors declare no conflict of interest.

## Author contribution

All authors conceptualized the review, extracted and interpreted data; FS drafted the first version of the manuscript; all authors critically revised the draft; all authors approved the final version of the manuscript for submission.

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## Appendix A. Supplementary data

Supplementary data related to this article can be found at <http://dx.doi.org/10.1016/j.tmaid.2018.02.007>.

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